

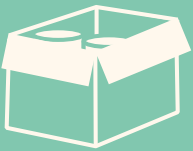
# WHAT DO WOMEN'S SHELTERS REALLY NEED?

## MONEY OR STUFF?



### MONEY HELPS KEEP THE SHELTER DOORS OPEN

- helps to provide program services free of charge
- services include: shelter, outreach, children's group programs, family court support, transitional housing, helpline, walk-in support and more



### WOMEN'S SHELTERS WOULD NOT BE ABLE TO OPERATE WITHOUT THE ITEM DONATIONS THE COMMUNITY PROVIDES

- check with your local shelter for needed items lists, which often include: laundry soap, paper products, coffee, cereal, unused personal needs items and daily household supplies
- women and children often arrive with few personal items
- care packs can go a long way to make someone feel welcome, these include: new pyjamas and slippers, underwear, socks, personal need items like shampoo and toothbrushes, and a teddy bear and game for each child



### GENTLY USED ITEMS CAN BE TRICKIER

- ask yourself whether or not you would wear the items you are donating
- many shelters are not able to accept used baby equipment or furniture due to health and safety reasons
- gently used linens, blankets and towels, and new pillows are always appreciated

THE ANSWER IS: BOTH. BOTH MONETARY DONATIONS AS WELL AS ITEM DONATIONS ARE HIGHLY NEEDED AND MUCH APPRECIATED BY SHELTERS.

Check out your local shelter's website or contact them to find out what items they are most in need of at any given time.



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